



Hughston Orthopaedic Clinic, P.C.

Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD
P. O. BOX 9517
COLUMBUS, GEORGIA 31995
404 324-6661

THE GOSPEL ACCORDING TO DOCTOR HUGHSTON "A GUIDE TO SOUTHERN LIVING"

Get Your Ducks in a Row	To get organized
Booger Bear	A tough case "It was a real booger bear"
Mina Tor	A small structure
Tor up	A significant disruption
Two Burcle	A bony prominence
Fur Piece	A ways away "It's a fur piece to Auburn"
Frak ture	Like a break, only worse
Cap soole	Capsular layer
Fee Lay	A partial meniscectomy
Po Leece	Officers of the law
Chill ren	"Young'uns"
Fo eeva	Where the PCL attaches
Bobby Cue	What's for dinner
Pacifically	Ask Andrews about this one
Purt Near	Almost. "We're purt near done"
Swol Up Big As Yo Head	A somewhat larger than moderate effusion
You Couldn't Hem a Hog In a Ditch	Significant medial gonarthrosis
This That an the Other Thing	All inclusive



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Moto Sickle	Motorized two wheeled vehicle
Jaw Jah	"Georgia"
Pone	Swollen mass
Risin	Inflamed swollen mass
Tor Slap in 2	Complete disruption of the ligament
Sprang	Grade I sprain
So As a Risin	Serious pain
Like to Die	Really serious pain
Yonder	Over there "Yonder is the Foundation Building"
Oh Wee	An all purpose exclamation used by Doctor Hughston
Good Boy	You finally filled out the knee sheet correctly
Like to Be	Tending to
Fixin	Getting ready to "Fixin to eat"
Leader	A tendon- "Tor a leader"- Achilles disruption
Whoa, Whoa, Whoa	Don't be cutting any further
Just Touch Upon It	When something has already been covered
Growin pains	What kids get such as Osgood-Schlatter's
Catiwompass	Not sitting quite right



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Plum tuckered out	All wore out
Give out	To work until physically exhausted
Let Well Enough Alone	You better call it quits
Make a Big To Do	Excessive fanfare
Beatin Round the Bush	You don't know what the arcuate complex is
It Ain't No Tellin	No one has the answer-Example- When Will Andrews be in Town?
Reck O Lect	Recall "I don't reck o lect which knee it was"
Eat Up With	An extensive process "That leg was eat up with scar tissue"
Ruint Knee	One from out of town
All git out	As can be "Sore as all git out"
Pitch Dark	Serious nightttime "It was pitch dark out"
Get it Goin, Boy	How is your research coming?
Rel a tive To	Pertaining to
Heepa	The amount of trouble you will be in if you don't finish your research project
Hep	OR assistance "Get some hep in the OR"
Ma'am and Suh	Respectful addressing of one's elders
Mite Could	Possibly could "It mite could rain"



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Nawthun	If you are not Southern
Nyawlins	Where the residents come from
Dook	Duke - where Doctor Hughston went to school
Rench	Needed to adjust an AO frame
Spitting Image	Looks just like the original
Bummin Ham	Large town in Alabama
Co Cola	Classic or new coke
Earl	What you must put in your car engine
Draw up	To contract or shrink
Everwhichaways	Lacking organization
Eye Talion	From Italy
Y'all	A group of people
At Lanna	Largest town in Georgia
Moe Beel	Coastal town in Alabama
Bank Walker	Guys who don't have to stay in the water when they go skinny dipping
Ay Rab	Middle easterner
Ya'll Betta	Not optional Ya'll betta get going"
What In Tarnation	Where did that come from
Poe Lee	Not doing well "The patient is doing Poe Lee"
Tad Better	Slightly improved but not great i.e. the second draft of your research paper



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Box Fish

Holler

Stove up

Jun el

She Yit

What Freddie has for lunch

A valley

"Turn right past the second
holler"

Muscle spasm limiting motion
"Yo back is stove up"

As in the American Journal

Term commonly used by clinic
personnel when they find out
Doctor Hughston is looking
for them

SUMMARY

For 15 years (1955 to 1970), I was plowing "new ground" pretty much by myself. When you plow behind an old mule and hit a stump hole full of cottonmouth moccasins, you have to get on the move in a hurry and figure out some solution to the predicament or you won't get your corn planted.

So, I was not treating the overweight, knock-kneed, loose-jointed, teenaged girl, but the young boy or girl who thought that he or she was an athlete and had dreams of being a star. If rehabilitation did not work, then I thought a lateral release, an Elmslie, and nothing short of a full reconstruction would solve the problem. One had to develop as much vastus medialis obliquus power as this dysplastic muscle could generate, had to transfer the strong vastus lateralis to a more central pull, and, with the distal reconstruction, correct any patella alta and Q-angle abnormality. One