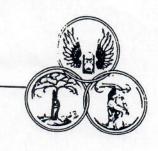


Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD P. O. BOX 9517 COLUMBUS, GEORGIA 31995 404 324-6661

THE GOSPEL ACCORDING TO DOCTOR HUGHSTON "A GUIDE TO SOUTHERN LIVING"

Get Your Ducks in a Row

Booger Bear

Mina Tor

Tor up

Two Burcle

Fur Piece

Frak ture

Cap soole

Fee Lay

Po Leece

Chill ren

Fo evea

Bobby Cue

Pacifically

Purt Near

Swol Up Big As Yo Head

You Couldn't Hem a Hog In a Ditch

This That an the Other Thing

To get organized

A tough case

"It was a real booger bear"

A small structure

A significant disruption

A bony prominence

A ways away

"It's a fur piece to Auburn"

Like a break, only worse

Capsular layer

A partial meniscectomy

Officers of the law

"Young'uns"

Where the PCL attaches

What's for dinner

Ask Andrews about this one

Almost.

"We're purt near done"

A somewhat larger than moderate

effusion

Significant medial gonarthrosis

All inclusive



Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD P. O. BOX 9517 COLUMBUS, GEORGIA 31995 404 324-6661

Page 2

Moto Sickle

Jaw Jah

Pone

Risin

Tor Slap in 2

Sprang

So As a Risin

Like to Die

Yonder

Oh Wee

Good Boy

Like to Be

Fixin

Leader

Whoa, Whoa, Whoa

Just Touch Upon It

Growin pains

Catiwompass

Motorized two wheeled vehicle

"Georgia"

Swollen mass

Inflammed swollen mass

Complete disruption of the

ligament

Grade I sprain

Serious pain

Really serious pain

Over there

"Yonder is the Foundation

Building"

An all purpose exclamation used

by Doctor Hughston

You finally filled out the knee

sheet correctly

Tending to

Getting ready to

"Fixin to eat"

A tendon- "Tor a leader"-

Achilles disruption

Don't be cutting any further

When something has already been

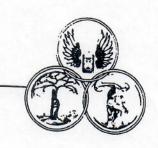
What kids get such as Osgood-

Schlatter's

Not sitting quite right



Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD P. O. BOX 9517 COLUMBUS, GEORGIA 31995 404 324-6661

Page 3

Plum tuckered out

Give out

Let Well Enough Alone

Make a Big To Do

Beatin Round the Bush

It Ain't No Tellin

Reck O Lect

Eat Up With

Ruint Knee

All git out

Pitch Dark

Get it Goin, Boy

Rel a tive To

Heepa

Hep

Ma'am and Suh

Mite Could

All wore out

To work until physically

exhausted

You better call it quits

Excessive fanfare

You don't know what the arcuate

complex is

No one has the answer-Example-

When Will Andrews be in Town?

Recall

"I don't reck o lect which knee

it was"

An extensive process

"That leg was eat up with scar

tissue"

One from out of town

As can be

"Sore as all git out"

Serious nighttime

"It was pitch dark out"

How is your research coming?

Pertaining to

The amount of trouble you will be in if you don't finish your

research project

OR assistance

"Get some hep in the OR"

Respectful addressing of one's elders

-

Possibly could "It mite could rain"



Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD P. O. BOX 9517 COLUMBUS, GEORGIA 31995 404 324-6661

Page 4

Nawthun

Nyawlins

Dook

Rench

Spitting Image

Bummin Ham

Co Cola

Earl

Draw up

Everwhichaways

Eye Talion

Y'all

At Lanna

Moe Beel

Bank Walker

Ay Rab

Ya'll Betta

What In Tarnation

Poe Lee

Tad Better

If you are not Southern

Where the residents come from

Duke - where Doctor Hughston

went to school

Needed to adjust am AO frame

Looks just like the original

Large town in Alabama

Classic or new coke

What you must put in your car

engine

To contract or shrink

Lacking organization

From Italy

A group of people

Largest town in Georgia

Coastal town in Alabama

Guys who don't hawe to stay in the water when they go skinny

dipping

Middle easterner

Not optional Ya!ll betta get going"

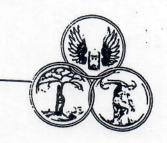
Where did that come from

Not doing well "The patient is doing Poe Lee"

Slightly improved but not great i.e. the second draft of your research paper



Practice limited to Orthopaedic Surgery and Sports Medicine



6262 HAMILTON ROAD P. O. BOX 9517 COLUMBUS, GEORGIA 31995 404 324-6661

Page 5

Box Fish

Holler

Stove up

Jun el

She Yit

ME

What Freddie has for lunch

A valley "Turn right past the second holler"

Muscle spasm limiting motion "Yo back is stove up"

As in the American Journal

Term commonly used by clinic personnel when they find out Doctor Hughston is looking for them

SUMMARY

For 15 years (1955 to 1970), I was plowing "new ground" pretty much by myself. When you plow behind an old mule and hit a stump hole full of cottonmouth moccasins, you have to get on the move in a hurry and figure out some solution to the predicament or you won't get your corn planted.

So, I was not treating the overweight, knock-kneed, loose-jointed, teenaged girl, but the young boy or girl who thought that he or she was an athlete and had dreams of being a star. If rehabilitation did not work, then I thought a lateral release, an Elmslie, and nothing short of a full reconstruction would solve the problem. One had to develop as much vastus medialis obliquus power as this dysplastic muscle could generate, had to transfer the strong vastus lateralis to a more central pull, and, with the distal reconstruction, correct any patella alta and Q-angle abnormality. One